

2019- 2020 Medicine Hat Judo Club

Registration Information

Welcome Back!

Once again we will be utilizing the online tool at www.trackiereg.com to submit each athlete's registration forms. This is best done directly at the club with **Tanya Buckshaw**, as she has the ability to bypass the websites' processing fees.

Please come down to the dojo during one of the practice times to get registered.

Payments can be made by **E-transfers, Cheque or Cash.**

Schedule

| | First Day: | Last Day: | Duration: |
|-------------------|--------------------------------|---------------------------------|------------------|
| Session #1 | Monday September 9th | Thursday December 19th | 15 Weeks |
| Session #2 | Monday January 6 th | Thursday April 30 th | 17 Weeks |

There will be no classes on the following dates:

October 14th (Thanksgiving), November 11th (Remembrance Day), February 17th (Family Day), April 13th (Easter Monday)

We reserve the right to change class assignments based on registration and coach availability

Class Times

| | Monday's | Wednesday's | Thursday's |
|----------------------|-----------------|--------------------|-------------------|
| Juniors | 6:00PM – 7:00PM | 6:00PM – 7:00PM | No Class |
| Intermediates | 7:00PM – 8:00PM | 7:00PM – 8:00PM | 6:30PM – 8:00PM |
| Seniors | 8:00PM – 9:30PM | 8:00PM – 9:30PM | 8:00PM – 9:30PM |

Class placements are determined by instructors. Minimum age for registration is 6 years old

Fees

| Age as of Sep. 9th | Both Sessions | Single Session | Daily Drop In |
|---------------------------|----------------------|-----------------------|----------------------|
| 6 - 11 | \$360 | \$230 | \$15* |
| 12+ | \$410 | \$255 | \$15* |

Fees Include Judo Canada and Judo Alberta Fees

All fees are due prior to participating in your first class (unless authorized by the Head Coach)

Grading is at the discretion of the Sensei. No additional cost for grading

*Must be a member in good standing with a Judo Canada club

No refunds on cancelled registrations



Medicine Hat Judo Club
826 11th Street SE T1A 1T7
www.medhatjudo.com

Athletes Information

PLEASE PRINT CLEARLY!

| | | | |
|-------------------|--|------------------------|----------------|
| First Name: | | DOB: | YYYY / MM / DD |
| Last Name: | | Current Belt Rank: | |
| Home Phone #: | | Cell Phone #: | |
| Email Address: | | Okay to text message?: | Y / N |
| AB Health Care #: | | Gender: | |

Athlete Medical Conditions / Injuries Information: (CHECK ALL THE APPLY)

| | | | | | |
|------------------------------------|-------------------------------------|---|---------------------------------------|---|--|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Hernia | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Wrist Injury | <input type="checkbox"/> Leg Injury |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Concussion | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Stroke | <input type="checkbox"/> Abdomen Injury | <input type="checkbox"/> Neck Injury |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Diabetes | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Thyroid | <input type="checkbox"/> Back Injury | <input type="checkbox"/> Shoulder Injury |
| <input type="checkbox"/> Seizures | <input type="checkbox"/> OTHER: | | | | |

Do you currently have any medical conditions that may be made worse by participating in the sport of Judo? YES* NO

**If YES, please provide a doctor's note authorizing your participation in Judo*

Parent / Guardian / Emergency Contact Information (Need at least 1 Emergency Contact)

Contact #1:

| | | | |
|---------------|--|------------------------|-------|
| First Name: | | Cell Phone #: | |
| Last Name: | | Okay to text message?: | Y / N |
| Home Phone #: | | Email Address: | |

Contact #2:

| | | | |
|---------------|--|------------------------|-------|
| First Name: | | Cell Phone #: | |
| Last Name: | | Okay to text message?: | Y / N |
| Home Phone #: | | Email Address: | |

| | | | |
|-----------------------|--|---------------|--|
| Parent/Guardian Name: | | Athlete Name: | |
| Signature: | | Signature: | |



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MHJC Code of Conduct

Judo Code of Conduct

The Medicine Hat Judo Club is a safe, supportive, and friendly environment. To that end, all students are required to behave in a manner that shows respect to themselves, their peers, their instructors and the art of judo itself. When issues arise, we begin with coaching the individual on what our behavioral expectations are, why they are important and what they must do to meet them. If that doesn't work, we will try redirection or other supportive strategies to get the athlete on track. Next, we would resort to time spent out of class and, finally, if necessary for the safety and well-being of the individual or other club members, we would ask the student to leave for one or more classes. We are far more interested in supporting people through learning proper behaviour than removing them for inappropriate behaviour.

Harassment and Bullying

We define harassment and bullying as using words or actions to deliberately hurt someone else. We do not tolerate it in our club and consider it a violation of the foundations of judo. While it is rarely an issue, when it does come up, it is dealt with as described above.

Coaching Staff

Sensei and Instructors will follow the Judo Canada Coach's Code of Conduct. Activities will be well-communicated, timely, and well-organized. When teaching or demonstrating a skill, sensei and instructors will emphasize safety. Positive feedback and adaptive teaching methods will be used to foster engagement, learning, enthusiastic participation, and steady improvement. Injuries will be tended to immediately and appropriately. The coaching team will do what it can to ensure the best learning environment possible for participants.

Judoka

Participants will be required to respect all dojo rules, such as bowing properly, using respectful language in the dojo, deferring to senior judoka, and showing respect of personal space and property. They will actively cooperate with their fellow judoka and sensei. They are expected to tell the sensei of any injuries. The judoka will commit to a goal and steadily work towards it. Judoka will control their emotions in the dojo.

Parents

Parents are welcome to ask questions of the coaches about any aspect of their child's coaching or the club in general- they're even welcome to join in! They will be expected to support their child in their effort to improve while being mindful of the difference between supporting a child and pushing them. There will be continuous respect of their child's opponents and fellow judoka- parents are cheerleaders! Let us do the coaching.



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